

WASHING YOUR CLOTH NAPPIES

with Figgy & Co.

NAPPY WASH & SOAK IS AS EASY AS THESE FEW SIMPLE STEPS!

Figgy & Co. Nappy Wash & Soak is intended to be used as a nappy wash that utilises long hot washing cycles. It is specially formulated to balance washing performance with using the fewest chemicals required and is perfect for families who want to reduce the chemicals in their washing routines.

Our Nappy Wash & Soak can be used in-wash, in both top and front loaders, or as a bucket soaker. Suitable for all nappy types, but is not recommended for woollen nappy covers.

FOR DAY TIME NAPPIES:

- 1** Wet nappies can go straight into your dry pail. For nappies with soiling i.e. number twos, remove the bulk of the soiling into the toilet then dry pail. TIP: using liners make removing soiling easier and reusable washable liners are even better!
- 2** At the end of the day i.e. 24 hours of nappies, separate out the cover and inners of the nappies and run a rinse only cycle in your machine using plenty of cold/cool water – this is to flush out and dilute the majority of urine from your nappies; nappies that sit for any length of time with urine and soiling are harder to launder. After the rinse, return to the dry pail.
- 3** This cycle of dry pailing and daily rinses can be continued for 2-3 days, or until you have enough nappies to run a wash load.
- 4** To wash, ensure all nappies have been pre-rinsed (see steps 1 through 3)
- 5** Check nappies for any stains or nappy cream residue. If required rub directly with Figgy & Co. Coconut Bar Soap. Make lather by rubbing the fabric onto itself, until the stain shifts. Rinse in fresh water.
- 6** Select a wash cycle that is hot and long. This will look like hot or warm/hot water i.e. 40-60 degrees Celsius, with an extended wash time or a hold/soak incorporated into the wash. Add Nappy Wash & Soak to your machine.

TIP: pay special attention to how you load your machine; during the wash the nappies must be agitated sufficiently. Check your machine manual for optimal loading.

TIP: Line dry your nappies where possible.





FOR NIGHT NAPPIES:

- 1** Rinse thoroughly in warm water each morning when the nappy is first removed. For heavy wetters, consider rinsing well and then following with a bucket soak of Nappy Wash & Soak and hot water.

TIP: Night-time concentrated urine is best rinsed out immediately in the morning for optimal laundering results.

- 2** Wash as described in the daytime routine from step 4.



QUICK FACTS:

HOW MUCH POWDER DO I USE?

1-2 tablespoons per 6-8 nappies in the washing machine, hard water areas may need an extra tablespoon. 2 tablespoons for half a bucket of water when soaking.

HOW MANY NAPPIES IN A LOAD?

Check your manual for best load size; the goal is to achieve a good amount of swishing and agitation, with the nappies moving through the water and rubbing against each other. Overfilling your machine will result in suboptimal cleaning.

WHAT WATER TEMPERATURE?

Use warm to hot water – this ensures all the powder will dissolve quickly and activates the oxygen bleach component of the Nappy Wash & Soak. Hot water is also best to remove soiling from microfiber inserts.

HOW LONG DO I WASH FOR?

The longest offered by your washing machine is the best bet – this allows the nappies to be washed effectively but giving time for the cleaning to happen right to the insides of all your inserts, especially microfiber and multi-layer inserts. If your machine does not have a hold/soak function, pausing the wash cycle when possible will achieve the same effect.

WHY DO I NEED TO RINSE NIGHT NAPPIES IN THE MORNING?

As a baby gets older, they are able to concentrate their urine. This increase in concentration is like several nappies worth of soiling in just one nappy! Urine contains excreted body salts which can cling to materials, especially if allowed to fully settle into the fibres of an insert material. Prompt and adequate rinsing with warm water is helpful to stop this.

WHY USE SOAP ON SOILING STAINS?

Figgy Coconut Bar Soap is a concentrated cleaner. It is very good at shifting biological and oily stains such as poo or nappy cream. By directly targeting these stains before you wash, you are bypassing the need to use an increased amount of Nappy Wash & Soak in the wash cycle. This will overall reduce your chemical use in your laundering routine.

TRUST YOUR NOSE:

Here's the benefit of a fragrance free nappy wash. From time to time nappies may need more heavy-duty laundering, now you will be able smell if this is required before it becomes a big problem. (Busy family life doesn't always leave time for washing routines, we get it!). Simply double check your washing routine and use a more targeted cleaning of nappies with Coconut bar soap and soaking to bring them back to neutral.

INGREDIENT LIST:

Washing soda, oxygen bleach, borax, citric acid.

Free from detergent, fragrance, dye, optical brighteners and chlorine bleach.

WANT TO KNOW MORE?

Want to know more about using Figgy & Co. in your home? Check out our website.

Still have questions? Contact us via email

theteam@figgyandco.co.nz

